

Amendments to the Specification:

Please amend the paragraph starting at page 2, line 3 as follows:

In another subset of the nutraceutical compositions, the fourth herb is *Magnolia biondii* Pamp. (e.g., its flower; a species of *Flos Magnoliae*, i.e., “Xin-Yi-Hua” in Chinese). They include those wherein the weight ratio of the first, second, third, and fourth herbs is (0-1.5):(0.5-1.5):(0.5-1.5):(0.5-1.5); and those containing extracts of three or four herbs.

Please amend the paragraph starting at page 3, line 1 as follows:

Accordingly, a nutraceutical composition of this invention includes extracts of the root of *Hedysarum polybotrys* Hand.-Mazz. or *Astragalus membranceus* Bge., the root of *Atractylodes macrocephala* kodiz., the root of *Leedebouriella seseloides* (hoffm.) Wolff, and at least a fourth herb which is an anti-allergy herb. Examples of the fourth herb include, but are not limited to, the whole plant of *Centipeda minimal* (L.) A. Br. Et Aschers and *Flos Magnoliae*, such as, the flower of *Magnolia biondii* Pamp., *Magnolia denudata* Desr., *Magnolia sprengeri*, or *Magnolia liliiflora* Desr. The weight ratio of the extracts of the first, second, third, and fourth herbs can be in the range of (0-1.5):(0.5-1.5):(0.5-1.5):(0.5-1.5). Preferred ratios can be determined by efficacy-evaluating methods described below or analogous methods. The nutraceutical composition is unexpectedly effective for the treatment of disorders related to excessive secretion of histamine or interleukin-4, such as allergic rhinitis, asthma, and eczema.